



UKAT · BESPOKE

Bayberry

FOR REFERRING CLINICIANS, FAMILY OFFICES AND PRIVATE CLIENT ADVISERS

Bayberry is a private clinic in the Warwickshire countryside for people who need complete discretion and genuinely individual care. It kept its own founding clinical team and approach when it joined UKAT, and treats mental health with or without addiction.

TWO SETTINGS, ONE STANDARD

THE MANOR

Entirely one to one

A maximum of four clients at any time, with around three hours of individual therapy every weekday. Complete privacy, no group work. A cottage can be taken over for exclusive use.

THE COTTAGES

Small group, plus individual

Cottages of no more than two clients around a private courtyard, combining daily small group work with individual sessions.

Innovative, and genuinely individual.

Every therapist holds a minimum of a Masters level qualification. Care is overseen by consulting psychiatrist Dr Jas Grewal, MRCPsych, and each programme is designed around the person rather than following a standard pathway.

Neuroscience informed treatment

Shaped by a published neuroscience researcher on the clinical team.

Specialist trauma work

Including Rewind therapy for trauma and PTSD.

Standalone mental health

Anxiety, depression, trauma and PTSD, treated with or without addiction.

Complex presentations

Personality disorders at the more complex end, including EUPD, and support for clients with brain injuries.

WORKING WITH YOU

Handled quietly, and collaboratively.

For a family office or private client adviser, the handling matters as much as the care. Bayberry works around the person and, where it helps, around you.

Collaboration

We can work alongside a client's existing clinicians and household staff, and welcome a personal team where it supports the treatment.

Comfort and discretion

Hotel standard accommodation, excellent chefs and a personal trainer on site, in a setting that feels nothing like a clinical environment. We never discuss who is in our care.

Speak to us in confidence

0203 974 1500 · 24 hours a day